




Winter 2019 Aquatic Leadership Programs

LEVEL/FEE	MAX	DESCRIPTION
LEADERSHIP		
<p>**NEW** Red Cross Babysitting Course \$42..16</p> <p>HST will apply for individuals 15 years and older</p>	<p>10</p>	<p>Your child will learn from a first aid instructor: the basic skills to care for babies, toddlers, preschoolers, and school-age children, to care for themselves and siblings when home alone. Also included will be strategies to create a safe and positive environment plus injury prevention, problem-solving and decision-making skills to handle emergencies and provide basic first aid. Age appropriate activities and games will be enjoyed while focusing on communication and basic business skills to acquire babysitting jobs.</p> <p>The course focuses on five main areas: child care giving, first aid, Injury prevention, leadership, and business skills.</p> <p>Participants receive the Canadian Red Cross <i>Babysitter's Manual</i>, which includes key information on caring for kids of different ages, as well as an emergency contact form, sample resumes, business cards, glossary, and more.</p> <p>All classes will be held upstairs of the Deep River Community Pool.</p> <p style="text-align: center;">Friday, February 1st - 9:00 - 6:00 p.m. (½ hr. lunch break); Monday, February 18th - 9:00 - 6:00 p.m. (½ hr. lunch break); <i>This course is usually held during school P.A. Days</i></p>
<p>Bronze Medallion \$157.91</p> <p>HST will apply for individuals 15 years and older</p>		<p>Learn how to respond in water safety situations. Develop endurance in a timed swim. Jr. Lifeguard or Bronze Star is recommended. Manual and exam fee included.</p> <p style="text-align: center;">Wednesdays 4:00-6:00 p.m. January 23—April 10 (no lessons on February 27 or Wednesday during the March break – March 13th) Exam date: Sun., April 14/19</p>
<p>Bronze Cross \$138.58</p> <p>HST will apply for individuals 15 years and older</p>		<p>Emphasis is placed on the candidates' ability to respond to a variety of aquatic emergencies using principles of teamwork & emergency procedures. An introduction to emergency first aid in a water setting. Candidates must be 14 years of age & have completed Bronze Medallion. Candidates will be trained in Emergency 1st Aid and receive a recognized certificate. Exam fees included.</p> <p style="text-align: center;">Wednesdays 4:00-6:00 p.m. January 23—April 10 (no lessons on February 27 or Wednesday during the March break – March 13th) Exam date: Sun., April 14/19</p>

Community Pool Winter Leadership Programs

LEVEL/FEE	MAX	DESCRIPTION	TIME										
LEADERSHIP <i>continued</i>													
National Lifeguard Service \$213.00 HST included	MIN. 6 	Minimum of 16 years or older and completion of Bronze Cross and Standard First Aid. A 40 hour course comprised of life guarding skills and techniques, as well as an introduction to first aid in a water setting.	Feb. 1, 2, 3, 7,8, 9, & 10 Exam: Feb. 10										
National Lifeguard Service Recert. \$76.00 HST included	MIN. 6	To re-certify lifeguarding skills, techniques and first aid in a water setting. 6 candidates are required to run this recertification course	12:00-4:00 p.m. Feb. 10										
Red Cross Water Safety Instructor \$361.95 HST incl.		The Water Safety Instructor (WSI) Course prepares candidates to instruct the Red Cross Swim programs. Candidates focus on strategies to introduce and develop fitness activities, skills, water safety, and swimming skills in the Red Cross Swim Program This updated course has incorporated an on-line component. <table border="1" style="margin-left: 20px; width: 80%;"> <tr> <td>Monday, February 11—4:00-6:00 p.m.</td> <td>Skills and evaluation</td> </tr> <tr> <td>Feb. 12—March 24</td> <td>On-line component</td> </tr> <tr> <td>Monday, March 25—4:00-5:00 pm</td> <td>Class assignment/hand in on-line certificate</td> </tr> <tr> <td>Spring swimming lesson session April-June</td> <td>Apprentice teaching</td> </tr> <tr> <td>June 17-21 *times to be announced</td> <td>Pool and class room</td> </tr> </table>	Monday, February 11—4:00-6:00 p.m.	Skills and evaluation	Feb. 12—March 24	On-line component	Monday, March 25—4:00-5:00 pm	Class assignment/hand in on-line certificate	Spring swimming lesson session April-June	Apprentice teaching	June 17-21 *times to be announced	Pool and class room	
Monday, February 11—4:00-6:00 p.m.	Skills and evaluation												
Feb. 12—March 24	On-line component												
Monday, March 25—4:00-5:00 pm	Class assignment/hand in on-line certificate												
Spring swimming lesson session April-June	Apprentice teaching												
June 17-21 *times to be announced	Pool and class room												
Standard First Aid \$125.93 HST included	Min. 6 Max. 12 	<ul style="list-style-type: none"> This is a BLENDED Red Cross Standard First Aid course which covers CPR, choking sequences, splinting and treating other types of injuries. This certificate is valid for three years. This course is a prerequisite for the National Lifeguard course and an asset to have in any workplace. 	9:00 –5:00 p.m. Sun, Feb. 10; Sun, Feb. 24; Sun, May 5;										
Standard First Aid Recertification \$125.93 Price include HST	Min. 6 Max. 12	This course is to update your recently expired Red Cross Standard First Aid certificate. (8 hours) On-line learning available (approx. 4.5 hrs) & 4 hrs classroom. You must register 2 weeks prior to classroom date.	9:00 –5:00 p.m. Sun, Feb. 10; Sun, Feb. 24; Sun, May 5;										
CPR Level "C" Recertification \$84.50 Price include HST	Min. 6 Max. 12	This course is to update your recently expired Red Cross CPR Level "C" certificate. (4 hours)	6:00 -10:00 p.m. Thurs., April 25										