

Merry Christmas

Here's wishing you and yours a safe, enjoyable and happy holiday season.



Town of Deep River

100 Deep River Road, P.O. Box 400,
Deep River, ON K0J 1P0
613-584-2000 www.DeepRiver.ca

Holiday daytime ice rentals OR Holiday private pool rentals

For availability times, dates, and fees, please call:

Deep River Arena 613-584-2000 ext. 131,
Deep River Pool 613-584-2000 ext. 181,
or the Recreation Department
at 613-584-2000 ext. 103.



Holiday Arena Schedule

SAT. DEC. 21 Free Public Skate – 2:00-3:00 pm
Sponsored by: **Tim Hortons**
SUN. DEC. 22 Free Public Skate – 2:00-3:00 pm
Sponsored by: **Tim Hortons**
MON. DEC. 23 Senior Public Skate – 10:00-11:00 am
Free Public Skate – 11:10-12:00 pm
Sponsored by: **CNL**
TUES. DEC. 24 Arena Closed
WED. DEC. 25 Arena Closed
THURS. DEC. 26 Free Public Skate – 11:10-12:00 pm
Sponsored by: **Jan's Valu-mart**
FRI. DEC. 27 Senior Public Skate – 10:00-11:00 am
Free Public Skating – 11:10-12:00 pm
Sponsored by: **Jan's Valu-mart**
SAT. DEC. 28 Free Public Skating – 2:00-3:00 pm
Sponsored by: **Tim Hortons**
SUN. DEC. 29 Free Public Skating – 2:00-3:00 pm
Sponsored by: **Tim Hortons**
MON. DEC. 30 Senior Public Skate – 10:00-11:00 am
Free Public Skate – 11:10-12:00 pm
Sponsored by: **Jan's Valu-mart**
TUES. DEC. 31 Arena Closed
WED. JAN. 1 Arena Closed
THURS. JAN. 2 Free Public Skate – 11:10-12:00 pm
Sponsored by: **Jan's Valu-mart**
FRI. JAN. 3 Senior Public Skate – 10:00-11:00 am
Free Public Skate – 11:10-12:00 pm
Sponsored by: **Jan's Valu-mart**
SAT. JAN. 4 Minor Hockey Tournament
SUN. JAN. 5 Free Public Skate – 2:00-3:00 pm
Sponsored by: **Tim Hortons**

Holiday Pool Schedule

DATE	PUBLIC	ADULT/LANE
Sat, Dec 21	3:30 pm – 5pm	5:00 pm – 6:00 pm
Sun, Dec 22	3:30 pm – 5:00 pm	5:00 pm – 6:00 pm
Mon, Dec 23	1:00 pm – 2 pm*** 11:30 am – 12:45 p	6:00 am – 7:00 am 5:30 pm – 6:30 pm
Tues, Dec 24	CANDY CANE SWIM 1:00 pm – 2 pm***	11:30 am – 12:45 pm
Wed, Dec 25	POOL CLOSED	
Thurs, Dec 26	POOL CLOSED	
Fri, Dec 27	1:00 pm – 2 pm*** 6:30 pm – 8:00 pm	6:00 am – 7:00 am 11:30 am – 12:45 pm 5:30 pm – 6:30 pm
Sat, Dec 28	MOM'S SWIM FREE 3:30 pm – 5:00 pm DAD'S SWIM FREE 3:30 pm – 5:00 pm	5:00 pm – 6:00 pm
Sun, Dec 29	1:00 pm – 2pm***	6:00 am – 7:00 am 11:30 am – 12:45 pm 5:30 pm – 6:30 pm
Mon, Dec 30	Tim Hortons	11:30 am – 12:45 pm
Tues, Dec 31	NEW YEAR'S EVE SWIM 1:00 pm – 2 pm***	11:30 am – 12:45 pm
Wed, Jan 1	POOL CLOSED	
Thurs, Jan 2	1:00 pm – 2:00 pm*** 6:30 pm – 7:30 pm***	11:30 am – 12:45 pm 7:30 pm – 8:30 pm
Fri, Jan 3	1:00 pm – 2 pm*** 6:30 pm – 8:00 pm	6:00 am – 7:00 am 11:30 am – 12:45 pm 5:30 pm – 6:30 pm
Sat, Jan 4	3:30 pm – 5 pm***	5:00 pm – 6:00 pm
Sun, Jan 5	3:30 pm – 5:00 pm	5:00 pm – 6:00 pm

***Free Swim
Thank you to our sponsors!

DECK THE HALLS WITH FIRE SAFETY!

Decorate your home with these Fire Safety Tips throughout the holidays.

- Cooking** is the leading cause of fires during the holidays. Always stay in the kitchen while cooking!
- Keep candles in a sturdy holder away from children, pets and anything that can burn. **Blow them out** before leaving the room.
- Smoking** is the leading cause of fatal fires during the holidays. Butt out cigarettes in large, deep ashtrays.
- Alcohol** is a factor in approximately one in five fatal fires during the holidays. **Drink responsibly.**

YOU Need To Be Responsible For Your Family's Fire Safety!

- Fire Moves FASTER Than You!**
- Install **smoke and carbon monoxide alarms** in your home. **Test them every month.**
- Practice a **home fire escape plan** so **everyone** in your home knows what to do when the smoke and carbon monoxide alarms sound in an emergency.

Office of the Fire Marshal and Emergency Management
ontario.ca/firemarshal

COUNCIL AND COMMITTEE MEETINGS

Please visit the Town of Deep River website at the following link to view the schedule of upcoming meetings:
<https://deepriver.civicweb.net/Portal/MeetingTypeList.aspx>

Holiday Garbage and Recycling Collection

There will be no garbage and recycling pick up on Wednesday December 25 and Wednesday January 1.
If you are scheduled to have waste collection on these dates your waste will be collected the following business day (December 26 and January 2).
To ensure pick up all garbage and recycling must be placed at the curb no later than 7 am.

LIBRARY

TREATS, CRAFTS AND MUSIC!

10am-2pm December 24th

- Winter Session of Babytime has been cancelled.
- Storytime runs weekly every Tuesday and Wednesday at 10:15am.
- Indigenous Teachings and Play & Learn Program for ages 0-6 starts Thursday, January 23rd at 10am. Registration is open.

December 2019						
S	M	T	W	T	F	S
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31	1			

Recycling
fibre container
Holiday marked in **RED** will be picked up on the following day

RECREATION 613-584-2000 ext. 103 pool: 613-584-2000 ext 182

2020 Community Pool Winter Swim Instruction

Register Online:
<https://app.booking.ca/DeepRiverPub/>
HST included in all prices
January 31 – March 12, 2020 (6 Weeks)
Lessons will run during the Family Day weekend

Avoid the Hustle and Bustle: **On-Line registration** for all lessons and programs will open on Thursday, Jan 9 at 7am

For those unable to register on-line: **In-Person Registration** will be available at Town Hall on January 9, 9am - 5pm

Town Recreation Programs & Membership:
Red Cross Pre-School lessons, Private lessons
Red Cross Swim Kids level 1-10, Aquatic Camp
Stroke Improvement, First Aid courses, Stay Safe courses,
Babysitting courses, Bronze Medallion & Bronze Cross,
Lifeguarding courses, Adult lessons Aquafit, Mom and Baby Aquafit, H2O Boot Camp, Adult Pool Memberships including the Early Morning Swim Skating Memberships

Dates, times & fees will be posted on the Town of Deep River website on December 18, 2019 at www.deepriver.ca

AQUATHERAPY

Thursdays Jan. 9-March 12, 9:30-10:15am
10 weeks \$104.30 HST incl.

This program is useful for a variety of medical conditions and rehabilitation from injuries and/or surgeries. Participants who bring a personal support worker or a family member to assist who has swimming knowledge is welcome at no additional costs. If assistance is required, please see the pool supervisor so that an instructor can be assigned to you. An additional fee will apply. **Registration is open**

AQUAFIT

January 6—March 13, 2020
10 tickets - \$85.78 5 tickets - \$42.90 HST incl.
Heartwise: Monday, Wednesday and Friday 9:30-10:30 a.m.
Monday and Wednesday evening 7:30-8:30 p.m.
Aquafit does not run during statutory holidays

ACTIVE MOM AND BABY AQUAFIT

Wednesdays Jan. 15—March 4
10:40-11:25 a.m. (8 weeks)
\$69.88 HST incl.
Babies must be at least 4 months old.
Registration is open

PARENT & TODDLER SWIM

Tuesdays 11:00 -11:30 a.m.
This is a recreational swim
\$2.25

Admission per adult

For Moms, Dads or caregivers. Babies must be 4 months of age to fit comfortably in our baby boats. The fee is based on an adult admission. If you have another adult join your group, an additional admission of \$2.25 will be charged per visit at the pool.

ADULT LESSONS HST incl.

1:1 (1 hour) \$181.74 1:1 (½ hr) \$90.85
1:2 (1 hour) \$90.85 Group of 6 \$50.51

- Learn to swim
- Stroke improvement
- Bronze Medallion
- Bronze Cross

6 classes (once or twice/week times available).
Times can be arranged to suit your busy schedule

H2O BOOTCAMP

with Tricia

Registration is open

Tuesdays 7:00-7:45 p.m. Jan. 14—March 3 (8 wks)
\$83.26 HST incl.

Participants must be 16 years or older and able to swim in deep water.