

# Town of Deep River

100 Deep River Road, P.O. Box 400,  
Deep River, ON K0J 1P0  
613-584-2000 www.DeepRiver.ca



## RECREATION

613-584-2000 ext. 103 pool: 613-584-2000 ext 181

### Red Cross STAY SAFE COURSE

This course is geared to children 9-12 years. \$35.00  
Friday, January 31 (PA day) 9:00am - 1:00 pm, DR Pool

Learn how to be safe and responsible while on your own.

Your child will learn from a first aid instructor how to prepare for, recognize and respond to unexpected situations, the importance of responsibility and respect while being accountable for yourself, the importance of setting and following safety rules when on their own, and learn basic first aid skills.

#### REGISTER ONLINE:

<https://www.booking.ca/bkdeepriverpub/>  
or at the Town Hall.

Registration closes Jan. 29, 2020 at noon

### PA Day Friday, Jan 31

Public Swim: 1:00pm-2:00pm

Public Skate: 11:10 am-Noon

regular admission applies

### Winter Exercise Programs

Register Online: <https://app.booking.ca/bkDeepRiverPub/>  
or in person at Town Hall. HST included in all prices

#### AQUAFIT

Monday, Wednesday, Friday 9:30-10:30am 10 tickets - \$85.78  
Monday and Wednesday 7:30-8:30pm 5 tickets - \$42.90

#### PARENT & TODDLER

Tuesdays, 11:00-11:30am \$2.25/adult

#### ADULT LESSONS

Learn to swim/Stroke Improvement/ Bronze Medallion/Bronze Cross/1:1 available  
1:1 (1 hr) \$181.74 • 1:1 (1/2 hr) \$90.85  
1:2 (1 hr) \$90.85

Times for adult lessons can be arranged to suit your busy schedule: Group of 6 \$50.51

## COUNCIL AND COMMITTEE MEETINGS

Please visit the Town of Deep River website at the following link to view the schedule of upcoming meetings:  
<https://deepriver.civicweb.net/Portal/MeetingTypeList.aspx>



## LIBRARY

### Indigenous Teachings and Play & Learn Program

for ages 0-6

starts 10:00 am Thursday, January 23

Register now!

- Storytime runs weekly on Tuesday and Wednesday at 10:15 am. It's a free, drop-in program.
- Forest of Reading registration starts January 20.

Contact the library for more information on these programs. 613-584-4244

### Small Business SOCIAL MEDIA SCHOOL

Learn all about operating online with this workshop series. Join us for all of them or just a few.

- Facebook 102 • Instagram 102

Cost is \$10/workshop. Classes located in Arnprior and Renfrew.

Information & tickets at [socialschool.eventbrite.com](https://socialschool.eventbrite.com)

## Recycling

fibre container

### January 2020

S	M	T	W	T	F	S
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

## Stay Warm & SAFE



### How do I prevent a heating fire?

- ❖ Have your heating system and chimneys inspected and cleaned annually by a qualified service technician.
- ❖ Ensure all outside heating vents are not blocked.
- ❖ Ensure woodstoves, fireplaces and fireplace inserts are installed by a qualified technician according to manufacturer's instructions.
- ❖ Always use a fire screen around the fireplace.
- ❖ Allow ashes from your woodstove or fireplace to cool before emptying them into a metal container with a tight-fitting lid. Keep the container outside.



All homes with a fuel-burning appliance, fireplace or attached garage must have a working carbon monoxide alarm installed outside all sleeping areas.

Office of the Fire Marshal & Emergency Management  
[www.ontario.ca/firemarshal](http://www.ontario.ca/firemarshal)

## Stay alert, slow down and stay in control

Drive according to road and weather conditions.



[ontario.ca/winterdriving](http://ontario.ca/winterdriving)