

Town of Deep River

100 Deep River Road, P.O. Box 400, Deep River, ON K0J 1P0 613-584-2000 www.DeepRiver.ca



COUNCIL AND COMMITTEE MEETINGS

Please visit the Town of Deep River website at the following link to view the schedule of upcoming meetings:

<https://depriver.civicweb.net/Portal/MeetingTypeList.aspx>

613-584-2000 ext. 103 **RECREATION** pool: 613-584-2000 ext. 182

36th Annual TRIATHLON and

NEW TRIATHLON SPRINT

August 4, 2019

REGISTER TODAY TO AVOID PRICE INCREASE

Registration Fee - June 22nd - August 1st, 2019

Individuals - \$69.03 Teams - \$116.29

Online Registration closes August 1st at Midnight

Late registration Individuals - \$79.28 Teams - \$131.66

FIND US: www.depriver.ca www.eventsonline.ca
Facebook: Search "Deep River Triathlon"

TRIATHLON VOLUNTEERS NEEDED!

We are looking for enthusiastic individuals to help during the triathlon, particularly at the water stations and as road marshals.

If you are interested, please contact Christine Armstrong, Recreation Program Coordinator, at 613-584-2000 ext. 103 or email at carmstrong@depriver.ca

LAMURE BEACH

Hours of Operation: 12 – 5pm, June 28 - Aug 23

RENT a Kayak or Stand Up Paddle Board

Hourly - \$5.00 • Half Day - \$15.00 • Full Day - \$30.00

\$20.00 deposit is required.

RED CROSS STAY SAFE

Learn how to be safe and responsible while on your own.

This course is geared to children 9-12 years

**\$35, 1:30 - 5:30pm, Wed, August 14,
Deep River Community Pool**

Be prepared for the unexpected!

- How to prepare for, recognize and respond to unexpected situations
- The importance of responsibility and respect while being accountable for yourself
- The importance of setting and following safety rules when on your OWN
- Basic first aid skills

Registration closes August 12, 2019 at noon

REGISTER ONLINE: at the Town Hall

Red Cross Water Safety Instructor Recertification \$77.90 (HST included)	Min. 6 Max. 12	This course will recertify your WSI qualification. This update includes WSI – Skills Evaluation for water safety skills and strokes, and Instructor Emergency Response (IER) skills.	Thurs. July 25 6:00-10:00 p.m.
Standard First Aid \$135.00 (HST included)	Min. 6 Max. 12	The Red Cross Standard First Aid course covers CPR, choking sequences, splinting and treating other types of injuries. <i>This course is a prerequisite for the National Lifeguard course.</i> This is NOT a blended course.	August 7 & 8 (Wed & Thurs) 9:00 am-4:30 pm Upstairs class room at the Pool
Standard First Aid Recertification \$95.00 (HST included)	Min. 6 Max. 12	The Standard First Aid certificate is valid for 3 years. This course is to update your Red Cross Standard First Aid certificate. (8 hours)	Aug. 1st (Thurs.) 9:00 – 5:00 pm Upstairs class room at the Pool

Registration due date: Wednesday before course start date
Online registration: www.booking.ca/bkdepriverpub/



POLICE DEPARTMENT



BEST FIRST DAY

community-wide school supplies drive

The Deep River Police Association is partnering with the Deep River Police Service to collect back packs and school supplies to donate to those in need.

We will be accepting donations at the Deep River Police Service located at 100 Deep River Rd until August 31st.

The Association has set a goal to collect 50 back packs so please consider a donation and make it the best day ever for someone starting or going back to school in September.

Now Collecting:

Elementary School

- Backpacks
- Markers/Pencil Crayons
- Lunch Bags
- Pencils
- Pencil Cases

Secondary School

- Backpacks
- Markers
- Pencil crayons
- Scientific Calculators



FIRE DEPARTMENT



• BOATING • REACTING TO A FIRE

If you have a fire on board, make sure everyone is wearing a lifejacket or PFD and use extinguishers to control the fire.

In case of a small fire, activate a fire extinguisher and aim it at the base of the flames. Sweep the discharge nozzle from side to side and for a few seconds after the flames are completely out. Otherwise, the fire may restart and there might not be enough left in the extinguisher to put it out again.

If your boat is moving when a fire starts, position it so the fire is downwind from you and stop the engine if it is safe to do so under the weather conditions.

For more information on boating safety and tips visit <https://www.tc.gc.ca/eng/marinesafety/tp-tp14659-safetyequipment-3018.htm>

LIBRARY

**The FREE Summer Reading Club
for ages 5 and up still has spaces for August.
Register today!**

• **The last day for our Summer Babytime Session** session is Monday, July 29 at 10:15am. The Fall Session will start up on Sept. 23rd.

• **FREE Storytime**, Tuesdays or Wednesdays at 10:15am, no registration required. Continues until Aug 7, and will start again on Sept 10.

For more information contact the library at 613-584-4244 or chersak@depriverlibrary.ca

BY-LAW DEPARTMENT

Yard maintenance for all owners and occupants of Town of Deep River properties to make sure their lawns do not exceed 203 millimeters or 8 inches in height. Uncut lawns may result in a penalty. Refer to By-Law 18-216, section 1.5 (K) for clarification.

Robert Labre,
CBO/MLEO Town of Deep River
613-584-2000 ext. 106
rlabre@depriver.ca

July 2019

S	M	T	W	T	F	S
21	22	23	24	25	26	27
28	29	30	31			

RECYCLING

container

fibre