

100 Deep River Road, P.O. Box 400, Deep River, ON K0J 1P0 613-584-2000

DeepRiver.ca

#### **COUNCIL AND COMMITTEE MEETINGS**

Please visit the Town of Deep River website at the following link to view the schedule of upcoming meetings: https://deepriver.civicweb.net/Portal/MeetingTypeList.aspx

# RECREATION

### 613-584-2000 ext. 103. carmstrong@deepriver.ca

Red Cross **STAY SAFE** 

This course is geared to children 9-13 years

Friday, May 17, 9am - 1pm Deep River Community Pool

Be prepared for the unexpected!

- How to prepare for, recognize and respond to unexpected situations
- The importance of responsibility and respect while being accountable for yourself
- The importance of setting and following safety rules when on your OWN
- Basic first aid skills

#### **REGISTER** at the Town Hall or online:

https://www.bookking.ca/bkdeepriverpub/ \$3500 Registration closes May 15, 2019 at noon

# AQUATHERAPY

Thursdays 9:30 - 10:15 am May 16-June 27 Deep River Community Pool

The many benefits of AquaTherapy include improved balance and coordination, improved muscle circulation and strength, increased joint flexibility, and enhanced aerobic capacity.

This program is useful for a variety of medical conditions and rehabilitation from injuries and/or surgeries.

Participants who bring a personal support worker or a family member to assist who has swimming knowledge is welcome at no additional costs.

If assistance is required, an instructor can be assigned to you for an additional fee.

# **REGISTER** at the Town Hall or online:

https://app.bookking.ca/DeepRiverPub/ Registration closes May 14, 2019 at noon \$7300

# CANCELLATIONS

ALL RECREATION SWIMS

## on

SATURDAY, May 11 & SUNDAY, May 12 due to the Candu Swim Club Blackfly Swim meet.

Saturday Swimming Lessons are cancelled. Sunday Swimming Lessons will run as scheduled. If you have any questions or concerns please contact the Recreation Department

RECYCLING fibre	May 2019						
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container	5	6	7	8	9	10	11
	12	13	14	15	16	17	18



#### will be conducting **SMOKE ALARM** and **CARBON MONOXIDE INSPECTIONS**

for residents and businesses with a Highway 17 address during the week of May 12.

These inspections will take place during the day/evening hours. Please contact the Fire Department (613-584-2000 ext. 190) if you have any questions.

### FIRE SAFETY MESSAGE

#### Know when to call 9-1-1

9-1-1 is only to be used in emergency situations! An emergency is any situation that requires immediate assistance from the police, the fire department or an ambulance.

If you are ever in doubt of whether a situation is an emergency, you should call 9-1-1. It's better to be safe and let the 9-1-1 call taker determine if you need emergency assistance.

#### Not sure what help you need?

When the 9-1-1 operator answers the phone, the 9-1-1 operator will ask if you want the police, fire or ambulance.

Tell the 9-1-1 operator up front which one you want. If you don't know what help you need, tell the 9-1-1 operator and let them determine for you.

#### Always answer all the 9-1-1 operator's questions!

The 9-1-1 operator has important questions that need to be answered!

In a stressful situation, you may not understand why you are being asked these questions. Just remember, the 9-1-1 operator's primary goal is to keep you safe. The 9-1-1 operator will ask you questions to ensure you are safe and out of harm's way

If the 9-1-1 operator tells you to go outside, go to another room, unlock the door ... always follow the 9-1-1 operator's directions!

#### Help is on the way!

After the 9-1-1 operator has been assured of your safety, you will be asked questions about the person(s) involved in the situation. Some of these questions will involve relating what you saw and what you heard. Don't get frustrated.

The person you are talking to is not the person who is coming to see you. While the 9-1-1 operator is talking to you on the phone, police officers and other emergency responders will be on the way to your location. When you call 9-1-1, you are our eyes and ears. We rely heavily on what you can relate to us. Don't be scared or frustrated. Let the 9-1-1 operator guide you with their questions.

### Stay calm. Stay safe. Stay on the phone with the 9-1-1 operator.

# SPRING CLEAN-UP

EAST OF DEEP RIVER RD, Monday, May 6 WEST OF DEEP RIVER RD, Monday, May 13

#### • YARD WASTE

- Branches & Brush in biodegradable bags or bundled and tied
- Leaf and Yard Waste in biodegradable bags

#### • METAL

- Pipes, ductwork, etc. Propane Tanks (empty, valve open)
- Metal appliances

#### • ELECTRONIC WASTE

Please ensure items are placed at the curb by 7:30 PM the day before collection begins in your area. Items may be set out as early as one week in advance of the scheduled pick up. In accordance with By-Law No. 10-2012, no person

shall use, or permit the use of, any land or structure within the Town of Deep River for dumping, disposing or accumulating of garbage, refuse, or domestic or industrial waste of any kind. Refuse must be contained on your property.

Please do not deposit waste on vacant lots or parkland. During spring clean-up please place material on the shoulder of the road next to your driveway.

#### ITEMS THAT WILL NOT BE PICKED UP INCLUDE:

HOUSEHOLD GARBAGE, RECYCLABLE MATERIALS, CARDBOARD, CONSTRUCTION AND DEMOLITION MATERIAL OF ANY KIND, FURNITURE, MATTRESSES AND BOX SPRINGS, CARPETS, LARGE TREE LIMBS/TRUNKS/ STUMPS, PLASTIC TOYS, TIRES OR HOUSEHOLD HAZARDOUS WASTE (HHHW) SUCH AS MOTOR OIL, GASOLINE, PAINT ĆANS, BATTERIES, ANTIFREEZE, EŤC., AND ANY OTHER ITEMS NOT LISTED IN THE ACCEPTED ITEMS LIST.

# HYDRANT FLUSHING NOTICE

Please be advised that hydrant flushing will commence:

West of DR Rd. - Monday, May 6 - Friday, May 17 East of DR Rd. - Tuesday, May 21- Friday, May 31

Flushing will continue over a four week period as part of a routine maintenance program that is necessary to maintain the integrity of the water system, remove sediment from water mains, verify the proper operation of hydrants and valves, and maintain fire fighting capability.

Residents throughout Town may experience a drop in water pressure and water may be rusty or cloudy due to flushing of the distribution system. If you have rust-coloured water please run your COLD WATER TAPS ONLY (suggested taps: bathtub or laundry tub) until the water is clear.

Please DO NOT use your hot water until you have clean running water again.

We apologize for any inconvenience this may cause.

If you have any questions, please contact the Public Works Department at 613.584.2000, ext. 107

