

# DO YOU NEED SOMEONE TO TALK TO?



The Walk-In  
Counselling Clinic

La clinique de counseling  
sans rendez-vous

## WE OFFER

- Support for Life's Challenges
- Trained, Professional Counsellors
- No Appointments Necessary
- Free Counselling Services
- Counselling to individuals, couples, and families.

*Everyone is welcome.*

Services are available and accessible to all regardless of ethnicity, race, age, ability, gender, sexual orientation, income, and political or religious affiliation.



## North Renfrew Family Services

Located in the Medical Building next to the Deep River and District Hospital  
109 Banting Dr., Deep River, ON. 613-584-3358

**New Hours**  
effective Oct. 12

**Wednesdays:**

**12:00pm - 8:00pm**

Last walk-in session is at 6:30pm

<http://bright-ideas-software.com/nrfs> • [www.walkincounselling.com](http://www.walkincounselling.com)

The Walk-in Counselling  
Clinic is funded by the Champlain  
Local Health Integration Network

**JFS**   
**OTTAWA**  
JEWISH FAMILY SERVICES



COUNSELLING AND SUPPORT SERVICES of S.D. & G.  
SERVICES DE COUNSELLING ET DE SOUTIEN de S.D. & G.