








## Community Pool Winter Leadership Courses 2020

LEVEL/FEE	MAX	DESCRIPTION		
<b>LEADERSHIP</b>				
<b>**NEW**</b> <b>Stay Safe Course</b> \$35.00 	10	Learn how to be safe and responsible while on your own. This course is geared to <b>children 9-12 years.</b> <i>Be prepared for the unexpected!</i> Your child will learn from a first aid instructor how to prepare for, recognize and respond to unexpected situations, the importance of responsibility and respect while being accountable for yourself, the importance of setting and following safety rules when on their own and learn basic first aid skills. <p style="text-align: center;"><b>Friday, January 31 - (PA day) 9:00 - 1:00 pm</b></p>		
<b>Babysitting Course</b> \$43.21 HST will apply for individuals 15 years and older 	12	Your child will learn from a first aid instructor: the basic skills to care for babies, toddlers, preschoolers, and school-age children, to care for themselves and siblings when home alone, strategies to create a safe and positive environment and prevent injuries, Problem-solving and decision-making skills to handle emergencies and provide basic first aid, age appropriate activities and games and communication and basic business skills to acquire babysitting jobs. The course focuses on five main areas: child care giving, first aid, injury prevention, leadership, and business skills. Fun activities, including discussion, problem-solving scenarios and hands-on, practice help participants learn and make the session enjoyable. Participants receive the Canadian Red Cross <i>Babysitter's Manual</i> , which includes key information on caring for kids of different ages, as well as an emergency contact form, sample resumes, business cards, glossary, and more. All classes will be held upstairs of the Deep River Community Pool. <p style="text-align: center;"><b>Monday, February 17th - 9:00 - 6:00 p.m. (½ hr. lunch break)</b></p>		
<b>Bronze Medallion</b> \$161.86 HST will apply for individuals 15 years and older 		Learn how to respond in water safety situations. Develop endurance in a timed swim. Candidates also receive their Emergency First Aid level "B". Bronze Star is recommended. Candidates will be trained in Emergency 1st Aid and receive a recognized certificate. Manual and exam fee included. <p style="text-align: center;"><b>Exam date: Wednesday, April 8,</b></p>	Wednesdays Jan. 22—April 1 4:00-6:00 pm <b>no lessons on Wednesday March 18th</b>	
<b>Bronze Cross</b> \$142.04 HST will apply for individuals 15 years and older 		Emphasis is placed on the candidates' ability to respond to a variety of aquatic emergencies using principles of teamwork & emergency procedures. An introduction to emergency first aid in a water setting. Candidates must be 14 years of age & have completed Bronze Medallion. <p style="text-align: center;"><b>Exam date: Wednesday, April 8,</b></p>	Wednesdays Jan. 22—April 1 4:00-6:00 pm <b>no lessons on Wednesday March 18th</b>	
<b>National Lifeguard Service</b> \$218.33 HST incl.		Minimum of 16 years or older and completion of Bronze Cross and Standard First Aid. A 40 hour course comprised of life guarding skills and techniques, as well as an introduction to first aid in a water setting.	February 	
<b>National Lifeguard Service Recert.</b> \$77.90 HST Incl.		To re-certify lifeguarding skills, techniques and first aid in a water setting. Register your interest. 6 candidates are required to run this recertification course	February 	
<b>First Aid</b> 		Standard First Aid Covers: Choking, CPR "C" (Adult, child & baby) AED, splinting, treating injuries and sudden medical illnesses. All classes held upstairs of the Deep River Community Pool. The online component MUST be completed prior to the class room portion of the course.		
		CPR level "C" Recertification	February 20 (Thursday) or April 23 (Thursday)	6:00pm-10:00pm \$84.49 (HST incl.)
		Standard First Aid level "C" Recertification	January 12 (Sunday); April 19 (Sunday); or May 24 (Sunday)	9:00am-5:00pm \$95.00 (HST incl.)
		Standard First Aid level "C" - <b>BLENDED</b> online component must be completed 2 days before class room date	January 12 (Sunday); April 19 (Sunday); or May 24 (Sunday)	9:00am-5:00pm \$95.00 (HST incl.)
		Standard First Aid level "C" 2 day class room	February 1 & 2 (Saturday & Sunday) Full class room	9:00am-5:00pm \$135.00 (HST incl.)