



# CANNABIS AND DRIVING

**IF YOU USE CANNABIS, DON'T DRIVE.  
IT'S AS SIMPLE AS THAT.**

Why? Because how you consume it can drastically change your experience, sometimes unexpectedly. Even if it's the exact same cannabis strain, using a different method to consume it can result in longer or more intense effects (sometimes both).

**HERE'S HOW THREE OF THE MOST POPULAR CONSUMPTION METHODS  
AFFECT YOU:**



## **INHALATION**

Inhaling cannabis is how most people consume cannabis, whether by smoking, or vaping. Effects happen quickly and wear off faster than edibles and oil.



## **OIL**

A highly-concentrated extract, cannabis oil is the most potent form of consuming the plant. The effects can surprise you, even if you've used a similar product before.



## **EDIBLES**

Cooking with cannabis is common but it's much harder to estimate your dose and effects. The effects are deceiving too; they take longer to feel and last much longer.

**REMEMBER, CANNABIS AND DRIVING DON'T MIX!**