

# Community Pool Summer Instructional 2022

**Session 1: July 4 — July 8, 2022 (5 Classes)**

**Session 2: July 11—15, 2022 (5 Classes)**

**Session 3: July 18—July 22, 2022 (5 Classes)**

**Session 4: July 25—29, 2022 (5 Classes)**

**Session 5: August 2—5, 2022 (4 Classes)**

**Session 6: August 8—12, 2022 (5 Classes)**

**Session 7: August 15—19, 2022 (5 Classes)**

**No lessons August 1st (Civic Holiday)**

*Lessons are pro-rated and no make-up lessons will be offered*

On-Line registration will open Thursday, May 12th, 2022 at 7:00 am

<https://app.booking.ca/deepriverpub/courses/index.asp>

For those unable to register on line, in person registration opens

Thursday, May 12th at 9:00 am—4:30 pm at Town Hall

## HELPFUL TIPS TO PREVENT A POOL FOULING IN FOUR SIMPLE STEPS:


1. Please do not feed children 1 hour prior to their swimming lesson.
2. Please be sure to take your children to the bathroom just prior to their swimming lesson.
3. Please ensure that all children who are not toilet-trained are in appropriate swimming pants (e.g. "Little Swimmers")
4. Please take into consideration how your child is feeling coming to their lesson.

Pool fouling can result in delays in programming or pool closure.

We appreciate your support in keeping the Deep River Community Pool clean and safe.



FEE	MAX	DESCRIPTION																								
<b>30 Minute Private Lessons (5 classes) \$116.00</b>	1:1	<b>PRIVATE LESSONS</b> ONE WEEK One-on-one 30 minute times available for pre-school and school-aged children up to and including Level 10. Lessons run Monday to Friday																								
		<table border="1" style="width: 100%; border-collapse: collapse;"> <tr><td style="width: 60%;">10:30-11:00 am x 3</td><td style="width: 40%;">All sessions</td></tr> <tr><td>11:05-11:35 am x 3</td><td>All sessions</td></tr> <tr><td>1:30-2:00 pm x 3</td><td>All sessions</td></tr> <tr><td>2:05-2:35 pm x 3</td><td>All sessions</td></tr> <tr><td>2:40-3:10 pm x 1</td><td>All sessions</td></tr> <tr><td>3:15-3:45 pm x 1</td><td>All sessions</td></tr> <tr><td>3:40-4:10 pm x 2</td><td>All sessions</td></tr> <tr><td>3:50-4:20 pm x 1</td><td>All sessions</td></tr> <tr><td>4:15-4:45 pm x 2</td><td>All sessions</td></tr> <tr><td>4:25-4:55 pm x 3</td><td>All sessions</td></tr> <tr><td>4:50-5:20 pm x 1</td><td>All sessions</td></tr> <tr><td>6:45-7:15 pm x 2</td><td><b>Session 1 only</b></td></tr> </table>	10:30-11:00 am x 3	All sessions	11:05-11:35 am x 3	All sessions	1:30-2:00 pm x 3	All sessions	2:05-2:35 pm x 3	All sessions	2:40-3:10 pm x 1	All sessions	3:15-3:45 pm x 1	All sessions	3:40-4:10 pm x 2	All sessions	3:50-4:20 pm x 1	All sessions	4:15-4:45 pm x 2	All sessions	4:25-4:55 pm x 3	All sessions	4:50-5:20 pm x 1	All sessions	6:45-7:15 pm x 2	<b>Session 1 only</b>
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<b>Session 5 (4 classes) \$92.80</b>																										

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FEE	MAX	DESCRIPTION						
<p style="text-align: center;"><b>30 Minute Family Lessons (5 classes) \$129 plus HST</b></p> <p style="text-align: center;"><b>Session 5 (4 classes) \$103.20 plus HST</b></p>	1:4	<p style="text-align: center;"><b>FAMILY LESSONS</b></p> <p>ONE WEEK Family Lessons are available for children ages 3 and up or Preschool or Swim Kids levels. Lessons run Monday to Friday.</p> <p><b>**PARENT PLEASE REGISTER YOURSELF for the Family Swim Lesson**</b> 30-mins time slot. Families must be of the same household. Maximum number of family members is 4.</p> <p>A parent will be required to participate in the water as the hands-on helper for levels Sea Turtle to Swim Kids 4.</p> <table border="1" style="margin-left: auto; margin-right: auto; border-collapse: collapse; text-align: center;"> <tr> <td style="padding: 5px;">4:50-5:20 x 1</td> <td style="padding: 5px;">All sessions</td> </tr> <tr> <td style="padding: 5px;">5:00-5:30 pm x 1</td> <td style="padding: 5px;">All sessions</td> </tr> <tr> <td style="padding: 5px;">6:45-7:15 pm x 1</td> <td style="padding: 5px;"><b>Session 1 only</b></td> </tr> </table> <div style="text-align: center; margin-top: 10px;">  </div>	4:50-5:20 x 1	All sessions	5:00-5:30 pm x 1	All sessions	6:45-7:15 pm x 1	<b>Session 1 only</b>
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6:45-7:15 pm x 1	<b>Session 1 only</b>							

## Community Pool Summer Instructional 2022




LEVEL	MAX	DESCRIPTION
<b>Stroke Improvement</b> <b>\$36.75</b> <b>(5 classes)</b>	8	Stroke improvement for Swim Kid levels 6 and up <b>2:45-3:30 pm</b> <i>These classes are only offered in July (Sessions 1-4)</i>

LEVEL	MAX	DESCRIPTION
<b>RED CROSS SWIM KIDS (Ages 6 and up)</b>		
<b>Babysitting Course</b>  <b>\$54.78</b>  HST will apply for individuals 15 years and older	12	Ages 12+  <b>Tuesday, July 5 and Thursday, July 7</b> <b>11:00 am—3:00 pm</b> <b>Upstairs class room at the pool</b>
<b>Stay Safe</b>   <b>\$41.30</b>	12	Ages 9+  <b>July 12</b> <b>9:00 am—1:30 pm</b> <b>Upstairs class room at the pool</b>




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LEVEL	MAX	DESCRIPTION
<p data-bbox="272 615 448 705"><b>ADULT LESSONS</b></p> <p data-bbox="164 772 557 856"><b>Group rate</b> \$9.05 per class (minimum of 4 adults)</p> <p data-bbox="155 869 565 953"><b>Single rate</b> \$16.25 per class Prices include HST</p>		<ul data-bbox="922 615 1344 825" style="list-style-type: none"><li>• Learn to swim</li><li>• Stroke improvement</li><li>• Private lessons</li><li>• Evening drop-in</li><li>• day time classes available</li></ul> <p data-bbox="846 877 1414 926"><b>TUESDAYS 7:15-8:00 pm</b></p>

# Community Pool Summer Instructional





LEVEL/FEE	DESCRIPTION TIME
<b>LEADERSHIP</b>	
<p><b>Bronze Star</b> \$73.50 HST will apply for individuals 15 years and older</p> 	<p>Pre-Bronze Medallion—for youth 12 yrs of age. This will better prepare participants in decision making, problem solving and skills needed to successfully complete the Bronze Medallion level. *Facility recommended</p> <p style="text-align: center;"><b>July 4-15</b> <b>10:30—11:30 p.m.</b></p>
<p><b>Bronze Medallion</b> \$173.81 HST will apply for individuals 15 years and older</p> 	<p>Learn how to respond in water safety situations. Develop endurance in a timed swim. Emergency First Aid is included. Jr. Lifeguard or Bronze Star is recommended. Manual and exam fee included.</p> <p style="text-align: center;"><b>July 11-22</b> <b>1:00—3:00 p.m.</b> <b>Exam date: Friday, July 22/22</b></p>
<p><b>Bronze Cross</b> \$152.52 HST will apply for individuals 15 years and older</p> 	<p>Emphasis is placed on the candidates' ability to respond to a variety of aquatic emergencies using principles of teamwork &amp; emergency procedures. An introduction to emergency first aid in a water setting. Candidates must be 14 years of age &amp; have completed Bronze Medallion. Candidates will be trained in Emergency 1st Aid and receive a recognized certificate. Exam fees included.</p> <p style="text-align: center;"><b>July 11-22</b> <b>1:00—3:00 p.m.</b> <b>Exam date: Friday, July 22/22</b></p>

# Community Pool Summer Instructional 2022

LEVEL/FEE	MAX	DESCRIPTION
<b>LEADERSHIP <i>continued</i></b>		
<b>National Lifeguard Service Pool Recert.</b> \$83.65 HST included	10	 <b>Friday, July 7—5:00 - 9:00 pm</b>
<b>Standard First Aid level “C”</b> Blended – online and class room	Min. 6 Max. 12	 <b>Tuesday, August 9 - 9:00 am-4:30 pm</b> Upstairs class room at the Pool
<b>Standard First Aid level “C” recertification</b> class room	Min. 6 Max. 12	 <b>Tuesday, August 9 - 9:00 am-4:30 pm</b> Upstairs class room at the Pool

# Community Pool Summer Instructional

## EXERCISE CLASSES

Day & Dates	Monday	Tuesday	Wednesday	Thursday	Friday
<b>AQUAFIT</b> July 4-Aug. 19 10 Aquafit Pass \$92.10 20 Aquafit Pass \$184.20	9:30-10:15 am 7:15-8:00 pm <i>No class Aug. 1</i>	9:30-10:15 am	9:30-10:15 am 7:15-8:00 pm	9:30-10:15 am	9:30-10:15 am
<b>H2O Boot Camp</b> \$78.40 		7:15-8:00 pm July 5 – Aug. 16 (7 wks)			
<p style="text-align: center;"><b>STAND UP PADDLE BOARD YOGA at Lamure Beach</b></p> 			6:00-6:45 pm July 13-Aug. 3 (4 wks) <b>\$64.80</b> <i>\$10.00 Discount if you bring your own board</i>		
<p><b>INNERTUBE WATERPOLO AT THE POOL</b></p> <p>This program is geared to students 16 years of age and older, co-op students and summer students in the area</p>					6:45-7:45 pm <b>\$5.00 drop-in</b>
<p style="text-align: center;"><b>BEACH VOLLEYBALL at Lamure Beach</b></p> 		<p>Nets are set up at Lamure Beach.</p> <p>Register your interest to create a league during lunch times or evenings.</p> <p><i>Price to be determined based upon interest</i></p>			

## Community Pool Summer Instruction 2022

### DEEP RIVER COMMUNITY POOL ADMISSION RATES

ADULT 10 SWIM	\$42.65	ADULT SINGLE ADMISSION	\$5.00
ADULT 20 SWIM CARD	\$85.30		
STUDENT 10 SWIM CARDS	\$33.15	STUDENT SINGLE ADMISSION	\$4.00

**FAMILY RATE - \$12.00**

RENTAL: \$133.05/Hour (Includes two lifeguards)  
All prices include HST