



WORK FROM HOME CYBER SAFETY



As workplaces continue to adjust to COVID-19 and its impacts on the world, there has been an emphasis on working from home, where possible, to try and maintain as much productivity as is feasible.

Moving from an office work environment to a home environment can present a new set of challenges that can easily be overlooked.

Cyber Safety

As we lean heavily on the Internet to remain connected, it is important to reiterate a few safety tips to keep you, your identity, and your personal information safe online:

- Use security software that protects from internet threats including malware and virus. Maintain the most current updates to the operating system and applications. Often the most current versions of software include security updates.
- Limit what you share online. If you are filling out a form that requires sensitive information, ensure that there is a padlock next to the website's address, indicating it is a secure connection. Double-check the website's address, too, to make sure you know and are comfortable with the source.

- Be wary of any unsolicited calls or emails requiring information from you. If you must share information with an organization or individual, make sure you are the one who initiated the contact using listed contact information.
- Set strong and unique passwords for your accounts to make it difficult for would-be hackers to access your information. Two-factor authentication is also an effective deterrent against would-be malicious actors. This involves confirming your identity with a code sent to your device or email in addition to your username and password.