



Summer Camps Guide 2022



The Town of Deep River Recreation Department

Summer Camps Guide 2022

Welcome to Camp!

The Summer Program Guide has been prepared to provide you and your children with information regarding all of our summer camp programs offered by the Town of Deep River Recreation Department. Throughout the guide you will find information regarding the programs we offer, program expectations, policies and procedures, as well as a list of necessities for campers to help prepare them for a summer of fun!



The Recreation Department is pleased to offer a full summer of exciting and dynamic summer programs for children aged 4 to 14 across four different camps including, Arts Activity Camp, Science Activity Camp, Summer Activity Camp and Summer Camp. Each camp is geared towards encouraging campers to engage in various activities such as literacy, physical activity, outdoor exploration, arts and crafts, sports and recreational activities, and various scientific fields in a fun and safe environment.



For the 2022 summer season, most camps will be operating out of the Deep River Arena which is located at 2 Clubhouse Road, Deep River. A Session Schedule will be provided to you at the start of each session.

We ask that you please not send your child to camp if they have the following symptoms.



COVID-19 Symptoms:

- Cough
- Shortness of breath/difficulty breathing
- Fever
- Chills
- Muscle Pain
- Sore Throat
- New loss of taste or smell
- Nausea
- Vomiting
- Diarrhea

Camp Information

Playgrounds Camp

A fun-filled camp full of **games**, **activities** and **outdoor play**!

This is a full day program designed for children 4 to 8 years of age

Running Monday –Friday from 9:00 am-4:00 pm

With an emphasis on games, crafts, outdoor exploration, and community outings, campers will participate in literacy, physical education, arts/science initiatives and outdoor physical play. Campers enjoy themed days such as Circus Day, Christmas in July and Halloween to name a few.

If your child is looking to have fun, participate in crafts, games, activities and community outings, then the Summer Camp is the perfect summer program for them.

Campers must be able to practice unassisted self-care and we recommend packing clothing/bathing suits that campers can easily change into

July		August	
Session 1	July 4-8	Session 5*	August 2-5
Session 2	July 11-15	Session 6	August 8-12
Session 3	July 18-22	Session 7	August 15-19
Session 4	July 25-29	Session 8	August 22-26
		<i>Session 5 is pro-rated due to Civic Holiday</i>	



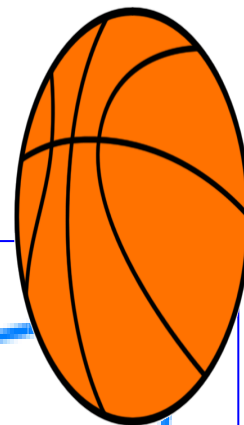
Arts Camp

For campers with a talent for arts, or an interest in developing artistic skills. Arts Activity Camp offers a fun and exciting opportunity to explore art under the mentorship of our leaders. A full day program that explores painting, drawing, mixed media creations, crafts, dance, drama skills and games. The Arts Activity Camp has something for everyone! Be prepared to take on exciting projects led by Leaders while enjoying games, activities and visits to open green spaces and Lamure Beach.

Campers with parental permission can go home at the end of the day by themselves.

Session one	Session 2
July 18-22	August 15-19

Sessions run Monday to Friday from 9:00 am-4:00 pm



Summer Sports Camp

Basketball, soccer, broomball, canoeing, swimming, and outdoor exploration are just a few of the awesome activities at Summer Activity Camp! This camp offers a fun, active, and non-competitive environment for those who enjoy being active, are interested in learning the basics of different sports, or want to further develop their athletic skills. All balls and equipment are provided for campers. Activities take place indoor and outdoors at facilities within Deep River including daily swims at Lamure Beach. Campers with parental permission can leave camp by themselves at the end of the day. Because Sports Camp is a lively camp, campers should be prepared to bike to activities and we will meet each day at Grouse Park

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Summer Activity Camp runs Monday to Friday from 9:00 am-4:00 pm,
with the exception to session 5

Science Activity Camp

This wonderful program has been created to get kids ages 9-14 engaged, interested and excited about all that science has to offer. The program will be a one week camp offered for two sessions:. Campers will be exposed to a variety of activities that open their eyes to the wonders that science offers. They will carry out experiments as well as use their creativity to accomplish design challenges. The camp will nurture the fundamentals of teamwork, public speaking and problem solving throughout the week. Campers with parental permission can go home by themselves at the end of the day.

This camp promises to be a good balance of educational value and fun.

Session 1	Session 2
July 25-29	August 22-26
8:30 am-4:00 pm Monday to Friday <i>"Through the support of CNL and Let's Talk Science Ottawa"</i> CNL Chalk River Site Transportation provided Children will be picked up at the Arena at 8:30 am sharp and returned by 4:00 pm	9:00 am-4:00 pm Monday to Friday



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Laboratories
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Game Camp

Games Camp is an exciting program for children between the ages of 9 to 14 years old. At Game camp children have the opportunity to enjoy a wide variety of games. This includes cards, board and physical activities/games. Children will sharpen their skills as they practice creativity, critical thinking, communication and collaboration while boosting confidence with hands-on learning.

Game Camp will be taking place at the Deep River Arena with opportunities to play at a variety of different Deep River facility locations including Lamure beach.

Session 1	Session 2
July 4-8	August 2-5 <i>Pro-rated due to Civic Holiday</i>

Sessions run Monday to Friday from 9:00 am-4:00 pm with the exception of Session 2



Wilderness Camp

Our 5-day camp Will pair campers with primitive life skills and outrageous summer fun! The intention of this camp is to teach our next generation basic life skills without their phone! Skills taught/practiced include shelter and fire building, wilderness lure building, survival games, teamwork, orienteering and fun above all else!

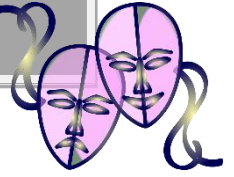
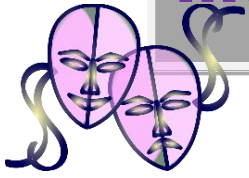
Wilderness/Adventure Camp home base will be the Deep River Arena but the majority of the day will be spent outside in the wilderness.

Session 1	Session 2
July 11-15	August 8-12

Sessions run Monday to Friday from 9:00 am-4:00 pm



Musical Theater/ Dance Camp



This unique camp introduces young children to the basics of dance in a motivational class structure which highlights movement, musical awareness and self expression. The thoughtfully structured classes use dramatic play, music, and exercise. The program encourages the love of music and dance while inspiring imagination and stimulating creativity.

July 4th-8th, 2022

Sessions run Monday to Friday from 9:00 am-4:00 pm





Campers Check-List: What to wear and bring to camp!

We encourage campers to dress appropriately for the weather. Because the majority of our time is spent in the outdoors, it is important to prepare your child for outdoor activities- rain or shine.

Essential things to bring to camp include:

- Weather-appropriate outerwear (sun protection, rain gear, sweater, etc...)
- For Summer Camp and Activity Camp, closed toe shoes (sandals and Croc-style shoes are not suitable for indoor play or outdoor exploration)
- Hat and sunscreen
- Reusable water bottle
- Bathing suit, sandals, and towel

Please note that campers are responsible for applying sunscreen themselves. Please ensure your child knows how to apply sunscreen; we appreciate if parents review self-care and sun screen application with their children.

Campers are required to bring a healthy lunch, snacks for both morning and afternoon snack time, drinks and/or a reusable water bottle. **Please do not send your child with any peanuts or nut products due to severe allergy concerns.**

Campers registered for Summer Camp should bring a bathing suit that they can easily dress themselves in, as well as a towel. Campers registered for Arts and or Science Activity Camp should bring bathing suits on days when a water activity is scheduled.

Inclement Weather Policy

Staff are mindful of weather patterns and will adjust programming, events, and venues accordingly.

Off-Site Travel Policy

All of our programs incorporate trips off-site (away from the Arena) and visits to community parks, facilities, and venues. For scheduled special events, campers will walk or bike from the Arena to the required location, such as Lamure Beach or the Public Library. Please notify the Camp Leaders if your child does not have permission to walk or bike to special outing locations. If a child does not have permission, the Parents and/or Guardians are responsible for getting their child to and from the site after screening has taken place at the Arena



Medical Concerns

Our priority is to ensure a fun and safe experience for all of our campers. If your child has **any** medical conditions that may affect their participation in our programs, please advise the Program the Leaders of any medical concerns on the first day, or at registration. We are committed to ensuring our programs accommodate all campers' needs. Please feel free to contact the Summer Administrative Assistant at summeradmin@deepriver.ca or 613-584-2000 ext. 105 to discuss any concerns.

If your child has a serious allergy, please prepare your child for camp by bringing their prescription Epi-Pen. **Campers who require Epi-Pens or inhalers in case of an emergency must have their prescription with them in a fanny pack that they can wear at all times.** To ensure that everyone has a safe and enjoyable summer, please be respectful of guidelines for communicable diseases. **Please do not send a sick child to camp.**



Photo and Media Release

Photographs of camp participants may be taken throughout the program for Recreation Department promotion purposes that may appear on the Town websites, or in local news. If you do not wish us to photograph or name your child, please do not hesitate to contact the Summer Administrative Assistant at summeradmin@deepriver.ca or by phone at 613-584-2000 ext. 105.

Camper Conduct and Program Goals

The aim of all recreation programs and services offered by the Town is to provide enjoyable activities in a safe and positive environment. We expect that all campers be courteous and respectful to all participants and Leaders, use non-offensive language at all times, support and appreciate each other, solve problems in a fair and peaceful manner, and include others in their activities and play without violence, teasing, or bullying. If a camper acts inappropriately the camper will receive a warning first, and a goal/plan will be made to encourage positive and respectful interactions. Should the inappropriate behaviour continue or escalate, the Parent/Guardian will be notified by telephone that arrangements need to be made to pick up the camper from the program. *It is the Parent/Guardian's responsibility to pick up campers who have been sent home early.* We encourage Parents and Guardians to discuss appropriate plans with campers prior to the start of the program to ensure everyone can play in a safe and fun environment.

2022 Program Fees

Please visit our registration website at <https://app.booking.ca/deepriverpub/> for more information regarding camp program fees and prorated rates.

Contact Information

If you have any questions about the summer programs offered by the Recreation Department please do not hesitate to contact Katelyn Rabishaw, Summer Administrative Assistant, via email at summeradmin@deeperiver.ca or by phone at 613-584-2000 ext. 105. Additionally, you can contact Christine Armstrong, Recreation Coordinator at carmstrong@deeperiver.ca or by phone at 613-584-2000 ext 103.

We are happy to help you and your children in any way we can.

Thank you for considering a summer program with the Town of Deep River. We hope you have a safe and fun filled summer!

Please visit the Town of Deep River website at <https://www.deeperiver.ca/> or the Recreation Department Booking website at <https://app.booking.ca/deeperiverpub/> to register your child for this year's programs.