



# TOWN NOTICE BOARD

## - Town of Deep River -

100 Deep River Road,  
P.O. Box 400,  
Deep River, ON K0J 1P0  
613-584-2000  
www.DeepRiver.ca

## Town of Deep River Council Meetings during Covid-19

Residents can view a live stream of Council meetings as they occur, or meetings may be viewed later on the "Corporation of the Town of Deep River" YouTube channel. A link to archived Council Meeting videos is also available on the Town of Deep River website on the Council page in the subpage drop down menu under Council Meeting Videos. To review Council Meeting Agendas and Minutes please visit the Town of Deep River website at [www.deepriver.ca](http://www.deepriver.ca) and click on the Agendas and Minutes icon located on the main page.

## Spring Swimming Lessons

April 1 – June 6 (8 Weeks)  
No lessons Easter weekend (April 15-18)  
or the May long weekend (May 20-23)

Online registration will open at 7:00 am, Thursday, March 24  
<https://app.booking.ca/deepriverpub/courses/index.asp>  
For those unable to register online, in person registration is available at Town Hall 9:00 am – 4:30 pm, Thursday, March 24, 2022

- Private classes
- Family swimming lessons
- Pre-School classes
- Swim Kids level 1-10
- Rookie, Ranger and Bronze Star
- Stroke improvement for levels 6 & up
- Red Cross Babysitting and Stay Safe courses
- Bronze Medallion and Bronze Cross
- Lifeguarding and Instructor courses
- First Aid courses
- Aquatic Exercises

Instructors will be in the water for pre-school levels and Swim Kids levels 1- 5.

**Family Swimming Lessons.** Family lessons are geared for a parent(s) to be in the water with up to 2-3 children with a maximum number of 4 people being in the family pod. The instructor will teach multiple levels if required.

We ask that the **parent register** for the family lesson under "Swimming Lessons". When you register, you will be prompted to list your children's names. It would also be helpful if you indicate their swim level. If you have questions, please contact the pool at 613-584-2000 ext. 181.

Programming will follow safety guidelines from the Lifesaving Society, Red Cross and Renfrew County Public Health.

## Parent & Tot Soccer

For Parent & Child 3-4 Years of Age • Admission: \$57.65  
• 8-Week Program Beginning May 10, 2022  
• Tuesdays & Thursdays from 5:15—6:00 p.m. at Grouse Park

**Spaces are limited. Register early:**  
ONLINE: <https://app.booking.ca/bkdeepriverpub/>  
Call the Recreation Department at (613) 584-2000 ext. 103  
Register Early! Spaces are Limited  
\* Late fees will apply if registration is after April 29, 2022

## Mom & Baby AquaFit

\$84.60 March 30-May 25 (9 wks)  
Wednesday 10:30 – 11:15 am  
30 minutes cardio workout with 15 minutes of free time with baby

## AquaTherapy

March 31-May 26 (9 wks). \$100.80  
Thursday 10:30 – 11:15 am

## SUP Yoga

\$50.44 with board rental • \$44.80 own board  
Storage is available for personal boards  
Session 1: April 6-27 (4 wks) • Session 2: May 4-25 (4 wks)



## Deep River Police Service

### Scam: Lottery Emails

There has been an ever-growing number of Scam Lottery Emails advising consumers they have hit the jackpot. You need to consider the following when you receive a solicitation of this kind.

- You cannot win without first buying a lottery ticket.
- Legitimate lotteries do not notify winners by email.
- They do not randomly select email addresses to award prizes to.
- They do not use free email accounts (Yahoo, Hotmail, etc.) to communicate with you.
- They do not tell you to call a mobile phone number.
- They do not tell you to keep your winnings secret.
- They will never ask a winner to pay any fees up front (like taxes or a security deposit) to receive a prize, lottery, or sweepstake!

Remember, if you do not recognize who sent you the email – DELETE IT!

## Deep River Dance Program

Deep River Library Program Room  
Wednesdays, April 13 - May 11:  
Nursery Program (ages 3-5) 6:15pm – 7:00pm, \$75 for 5 Weeks  
Intro to Dance (ages 6-9) 7:15pm - 8:00pm, \$75 for 5 Weeks  
Adult Burlesque (18+) 8:00pm - 8:45pm, \$75 + tax for 5 Weeks

**Registration is now open**  
Register Online via Booking website:  
<https://app.booking.ca/deepriverpub/courses/index.asp>  
OR call the Recreation Department 613-584-2000 Ext. 103

## Recreational Swim Schedule

10 Aquafit Pass \$90.10 • 20 Aquafit Pass \$184.20  
Single Admission: Student \$4, Adult \$5  
Student 10 Swim Card \$33.15 Adult 10 Swim Card \$42.65  
Family Admission \$12.00, Toddler admission is \$5.00.

Swim card and cash payments will be the recognized method of payment. Pre-registration encouraged 613-584-2000 ext. 182.

|                  | Lane Swims   | Public Swims                      | Aquafit Drop-In Classes                        |
|------------------|--|-----------------------------------|--|
| <b>Monday</b>    | 6:30 am-7:30 am<br>11:35 am-12:50 pm<br>5:45-6:45 pm |                                   | Aquafit<br>9:30 am-10:15 am<br>7:00 pm-7:45 pm |
| <b>Tuesday</b>   | 11:35 am-12:50 pm<br>7:15 pm-8:15 pm                 | Toddler Swim<br>10:45 am-11:30 am | Aquafit<br>9:30 am-10:15 am                    |
| <b>Wednesday</b> | 6:30 am-7:30 am<br>11:35 am-12:50 pm<br>5:45-6:45 pm |                                   | Aquafit<br>9:30 am-10:15 am                    |
| <b>Thursday</b>  | 11:35 am-12:50 pm<br>7:35 pm-8:35 pm                 | 6:30-7:30 pm                      | Aquafit<br>9:30 am-10:15 am                    |
| <b>Friday</b>    | 6:30 am-7:30 am<br>11:35 am-12:50 pm<br>5:45-6:45 pm | 7:00-8:00 pm                      |  |
| <b>Saturday</b>  | 5:00-6:00 pm   | 3:30 pm-4:45 pm                   |  |
| <b>Sunday</b>    |  | 3:30 pm-4:45 pm                   |  |



## Deep River Public Library

Tues/Thurs: 10am – 8pm | Wed/Fri: 10am – 5pm  
Sat: 10am – 3pm

Thanks for your patience as we renovate the children's area. We are so excited to welcome you in the space again! Art work done by children and teens is still most welcome to help us decorate our bright walls! Drop items at the front desk during open hours.

**Library Arts Committee show, InterconneXion on the Road.**  
Drop by during open hours to check out the impressive art show. 14 large woodcut prints created by Pontiac artists.

- We continue:
- Free printing of vaccination records
  - Help booking vaccine appointments
  - Contactless curbside pick-up
  - Home delivery services

Contact us at 613-584-4244 or [info@deepriverlibrary.ca](mailto:info@deepriverlibrary.ca) to arrange for materials, book your computer session, or with questions.



## Deep River Fire Department

### BE A HERO IN YOUR HOME!

### PLAN AND PRACTICE YOUR ESCAPE.

- 1 Practice a **home escape plan** so everyone in your home knows exactly what to do if the smoke alarms sound in an emergency.
- 2 **Install smoke alarms** on every storey of your home and outside all sleeping areas.
- 3 Test smoke alarms **every month**.

For more information contact your local fire department.

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| March 2022 |    |    |    |    |    |    |
|------------|----|----|----|----|----|----|
| S          | M  | T  | W  | T  | F  | S  |
| 20         | 21 | 22 | 23 | 24 | 25 | 26 |
| 27         | 28 | 29 | 30 | 31 |    |    |